

www.bamberg.army.mil / Fri. August 22, 2008 / VOL. 3, Issue 33

### Third time more charming than first



Award winning librarian, Karen Lazzeri holds up bugs created by children that attended the 2008 Summer Reading Program. The bugs were used to decorate Lazzeri's own Volkswagen "super bug" on the final day of the "Catch the Reading Bug" program.

Photo by Jocelyn Bright-Smith

Story by Trecia A. Wilson

The third time is the charm is the usual expression which refers to finally accomplishing something on the third try, but Karen Lazzeri has won three times and can honestly say that the third time

winning is more charming than the first. Why? Because it's great to win the first time, but to continue winning best Morale Welfare and Recreation Library for a medium-size post is a real challenge.

(Continued on page 3)

# VCT lets family see Soldier's promotion

Story and photo by Cpt. Dax Pummill 54th Eng. Bn.

Task Force Dagger took full advantage of the mass array of communication assets available to the modern Army today. On July 2, Capt. Anthony Bonnes, a Task Force Dagger officer serving as a liaison officer on the 10th Mountain Division Staff, tapped into technology that allowed his wife, located thousands of miles away in Germany, to watch his promotion, live through a Video Tele-Conference. Bonnes specifically asked that his promotion be a live event in order to allow his wife, Madeleine, and step-son, Tobias, to join the Task Force Dagger Soldiers in celebrating this special event.

As with all forms of technology, this event had its complications. Trying to connect with Bamberg through a remote site in the United States presented several problems. The first attempts to connect resulted in either picture or sound only. The Signal Officer defiantly earned his pay (Continued on page 4)

### Holiday greetings program kicks off in Bamberg on Sept. 18

Story by Christine June USAG Kaiserslautern Public Affairs

An Army and Air Force Hometown News Service team from San Antonio will be traveling throughout Europe in August and September to record holiday greetings for broadcast on television and radio stations in all 50 states and U.S. territories.

Those eligible to participate: active-duty servicemembers, government civilians, retirees, Department of Defense Dependent School teachers and family members who won't be home for the holidays.

Last year, the news team recorded 2,677 greetings in Europe, said Kris Grogan, HN broadcast chief.

Kris Grogan, Army and Air Force Hometown News Service broadcast chief, reminds the Bond family to wave during the 2007 tapings in Kaiserslautern. This was the first time that Department of Defense Dependent Schools teachers Steve and Marcy Bond, and their children, from left, Elsie, Emma, Owen and Corey, had taped holiday greetings for families in the States. A greetings team will visit Bamberg on Sept. 18.(Photo by Christine June)

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### Wearing a bicycle helmet is always safety first

Story by Trecia A. Wilson

Bicyclists beware. Riding your bike onpost without a helmet is likely to get you stopped by the MPs. Why? Because, Army Regulation 190-1 requires you wear a helmet while riding your bike and besides it just makes sense.

According to http://www.helmets.org/stats.htm, the "typical" bicyclist killed on American roads is a "sober male over 16 not wearing a helmet riding on a major road between intersections in an urban area on a summer evening when hit by a car."

Although that was the typical age, it is not the only one affected by these injuries.

The same website, which acquires its information from a wide variety of sources including the National Highway and Transportation Administration, has also compiled the following statistics:

- 1 in 8 of the cyclists with reported injuries has a brain injury.
- Two-thirds of the deaths from bicycle accidents are from traumatic brain injury.
- A very high percentage of cyclists' brain injuries can be prevented by a helmet, estimated at anywhere from 45 to 88 per cent.
- Direct costs of cyclists' injuries due to not using helmets are estimated at \$81 million each year.

 Indirect costs of cyclists' injuries due to not using helmets are estimated at \$2.3 billion each year.

As per the Army regulation the helmet law states that "Bicycle operators and passengers on DOD and U.S. Forces installations must wear an approved helmet properly fastened under the chin. Helmets must meet the standards set by the American National Standards Institute, the Snell Memorial Foundation Standards, or the Economic Commission of Europe for bicycle helmets."

This is required by the Army, but more importantly it protects you. Your skull pro-

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### Childcare while you work out at the fitness center

Story by Trecia A. Wilson

It's been a long time coming. You've asked for it over and over and now you are finally getting it. Childcare while you work out. How? When? Where? Who? Here are all the facts you need to hit the treadmill as soon as the childcare service is available.

Thanks to CYS, you can now get a good one-hour workout while your child is nearby and in the capable hands of a certified childcare provider. Childcare will be available during the hours of 8:30 and 11:30 a.m. in one hour increments. The childcare hours begin at 8:30, 9:30 and 10:30 a.m.

The childcare providers are supplied by CYS not the fitness facility and can accomodate up to 5 infants and 12 preschool children per hour. The 4 caregivers will engage the children in age-appropriate activities during their time in childcare. The children will be divided into two age groups-infant and toddler/preschool. There is no

food, nor a water source-so there will be no diaper changes. If the potty trained children in care need to use the restroom, two providers will escort the child downstairs to the restroom.

Those interested in utilizing these services must be enrolled in the CYS program. They must also fill out a one page contract which stipulates the rules for using the hourly care. This contract is available at the Family Child Care office.

The cost of this childcare is minimal, only \$4 an hour. If you are the spouse of a deployed Soldier you can take advantage of the free childcare hours (or whatever your determined reduced rate is) as long as you're registered with CYS central registration. Whatever price you need to pay, prepaid cards can be purchased at Central Registration in 20-hour increments.

For more information, contact Central Registration at 0951-300-8035.





#### Lt. Col. Gary A. Rosenberg

U.S. Army Garrison Bamberg, Commander

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responsible for late submissions. This publication is produced and distributed every Friday in an electronic format and can be viewed on the U.S. Army Bamberg website at <a href="https://www.bamberg.army.mil">www.bamberg.army.mil</a>.

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#### Library

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You have to raise the bar and expect more of yourself.

Lazzeri and her staff at the Bamberg Community Library have won the MWR Library for a medium-sized post in both the European region and Army-wide for the last three years. The award is not given to just any library either. In order to receive it Lazzeri had to show documentation of all the events and their resulting benefits to the judges.

Lazzeri says she was always a library rat. A shy youth, she always went to the library because she felt safe there. Obviously that turned into a lifetime of love for the library and for books, but today Lazzeri doesn't feel a library should be only about the books. It should still be the place she felt it was: a safe haven for those who want to hang out and relax, read a book, surf the internet, meet with friends. It should be the place everyone wants to go to. But she's not the typical librarian who shushes you if you get a little too loud. She's a very active person and knows activity often begets noise.

In order to turn the library into the place where everyone wants to be, Lazzeri and

her staff are constantly searching for ways to draw them in. For example, last year they began "Operation Scrap Book Support", an event that brings families together at the library to create scrapbooks to send loved ones downrange.

Another major part of Lazzeri's success comes from her efforts to partner with other MWR departments as well as other base programs. By partnering with other groups like the theater and school age services the library increases the number of participants. Other things they do involve supporting our Warrior Transition Unit. Every month they get together and supply lunch for the WTU Soldiers and have some kind of activity to get the Soldiers active. The activity one month might be a tour off post, while another might be lunch at the library with a speaker brought in to discuss medical issues they have. Every month it changes, but the goal is always to provide Soldiers and their families with resources and information.

As technology has advanced, the ways people access books and information has advanced as well. For years they have been available via audio tapes and now they are on cds and via computer audio files. As a result of these advances libraries have to choose. Do they stay with the

traditional "books" and limit what they provide to the customer or do they grow with technology and become part of the electronic age.

Lazzeri and her staff, Wilson Delahoz, Willie Gore, Andrea Wittkampf, and Leonard Kuplinski, believe whole-heartedly that moving forward is the only way the library can succeed. In keeping with that belief, they have embraced technology in some very non-traditional ways for a library. The Bamberg library has the usual book shelves throughout, but in addition to those books there are digital video discs (DVDs), audio books and video games, because, as stated before, their goal is not just to get people reading at the library, it is to get them to the library period. Once there, Lazzeri says, they will start browsing and before you know it, they will find something, a book or a video, that is on a subject they are interested in. The beauty is that if the library doesn't have what they need, the customers can request it.

The library is there for everyone on post and to prove it, Lazzeri has scheduled some really fun events. Take some time and visit Lazzeri and her staff, they're waiting for you.

### Overseas Troops, Civilians Can Vote By Absentee Ballot

By Gerry J. Gilmore American Forces Press Service

WASHINGTON, Aug. 15, 2008 - With fall general elections approaching, U.S. service-members and civilians living overseas should now be thinking about obtaining absentee ballots to vote, the Defense Department's senior voting official urged today.

"What we want to do is make sure that all of our military members, their family members and all of our U.S. citizens residing outside the United States have an opportunity to vote," Polli K. Brunelli, director of DoD's Federal Voting Assistance Program, told Pentagon reporters.

Based at Arlington, Va., the FVAP carries out voting assistance throughout the Defense Department on behalf of the secretary of defense, who is delegated by the president to administer the Uniformed and Overseas Citizens Absentee Voting Act of 1986. Brunelli said the law affects more than 6 million potential voters.

Servicemembers and overseas civilians can access information about absentee voting requirements by accessing www.fvap.gov, the newly designed FVAP Web site, Brunelli said.

"Absentee voting can be done by mail. There are also some alternatives that we've been working with the states for electronic alternatives for our voters," she said. "So many states have passed legislation that allows a voter to submit voting materials by fax or e-mail."

Many states also allow delivery of blank absentee ballots to voters via fax or email, Brunelli noted.

The military departments are performing a significant role, Brunelli said, by instructing servicemembers how to cast absentee ballots. Military voting assistance officers assigned worldwide also can inform servicemembers and family members about absentee voting requirements, she said.

As part of Armed Forces Voters Week, slated Aug. 31 through Sept. 7, military

commanders and voting assistance officers worldwide will contact servicemembers and families to inform them that it is a good time to register for an absentee ballot in the state where they are legal voting residents, Brunelli said.

The mail, as well as fax and e-mail, are potential conduits where voters may cast absentee ballots, said Scott Wiedmann, the FVAP's deputy director.

"We want to give the citizens as many opportunities, as many alternatives as possible, that are allowed by their state law, to communicate with that local election office." Wiedmann said.

"We want everyone to participate in the voting process: our servicemembers, their family members and all of our overseas citizens," Brunelli said. "It is voting outreach, to let them know that they are eligible to participate in this democratic process."

However, the actual act of casting a ballot ultimately is up to the individual, she said.



First Lt. Anthony Bonnes talks to wife Madeleine and step-son Tobias while waiting for his promotion ceremony to begin.

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while working with the mix of advanced technology and less than perfectly designed infrastructures. The Signal Officer had to ensure that all of the equipment was connected properly, that the satellite dishes were properly aligned, and the proper sequences were followed during the start up of the Video Tele-Conference.

After all the connections were made properly and there was a successful communications check conducted, Task Force Dagger promoted one of their officers to the rank of Captain. Maj. Kevin Balisky, Task Force Dagger's Executive Officer, and 1st Sgt. Shane Masters, Bonnes' previous Platoon Sergeant, gathered in the conference room with multiple other members of the Task Force for this occasion.

The process took several tries to get all the variables correct but the end result was an officer in the United States Army was able to have his family present for an important event in his life, despite being separated by thousands of miles.

Excited at getting to see her husband promoted, Madeleine Bonnes said, "I was really upset at first because I knew I would not get to see him promoted again for at least seven years. It was really special."



#### Women's Equality Day Workshop 11 a.m. to 1 p.m., Aug.26 Preston Hall

Perry Blake, Chief, Civilian Human Resources Development Division Europe will speak to the public about Professional Presence.

### Bamberg Health Clinic recognizes new physical therapist

The Bamberg Health Clinic would like to welcome new Physical Therapist, Joseph Petkewich.

Petkewich was born in New York City and joined the Army out of high school. There he served with the US Strike Command, McDill AFB Tampa, Fla. as a radio operator in a jump slot. After a three-year tour, he attended Carroll College in Helena, Mont. and received a Bachelor of Arts in biology and then attended the Mayo Clinic Physical Therapy program in Rochester, MN for two years.

Upon completion of his training at the Mayo Clinic, Petkewich practiced in Minnesota for five years and Montana for 30 years. He has served a total of 33 years in the Army on active duty and reserve status and was mobilized for Desert Storm and Operation Joint Guardian.

Petkewich has five daughters and six grandchildren. His wife, Cpt. Robin Petkewich, RN is on her third mobilization since 2002. She is presently a nurse case manager with the Warrior Transition Unit in Ft. Steward, Ga.

Petkewich's hobbies include golf, travel, and volksmarching through Germany.

"My goal for the physical therapy clinic is to provide quality care to our Soldiers and Families. To make a smooth transition to the fitness center when remodeling is complete. I am glad to be here in Bamberg and thank all for their warm welcome," Petkewich said.

#### **Community Announcements**

#### **Community Flea Market and Second Hand Car Sale**

The Community Flea Market and Second Hand Car Sale will be held Sat. Aug. 23 from 9 a.m. to 2 p.m. at the Community Activity Center on the sidewalk (East side next to the parade field). Registration for these events will be at the CAC, Mon.- Fri., Aug. 18-22. The fee for a table at the Flea Market is \$5/table. There is no fee for the Second Hand Car Sale although you must register your cars Mon. - Fri., Aug. 18-22 at the CAC. Set-up will be from 7:30 to 8:45 a.m. for both events. The road will close at 8:45 a.m. The sale opens at 9 a.m. FRGs requesting to sell concessions will be approved by DFMWR. Customs laws do apply and only US ID card holders may sell and buy goods.

#### **Bamberg Thrift Shop clothing sale**

Bamberg Thrift Shop is having a \$3 Bag Sale on all summer Clothing from Aug. 17-31, your and from Sep. 1-15 the Bag Sale will be only \$2!

### Bamberg Elementary School Parent workshops and orientation

BES will hold workshops and an orientation for new students and parents on the following days in Aug. For more information, contact Sandra Kuplinski at Bamberg Elementary School at DSN:469-7616/ 8615 / 8884.

Fri., Aug. 22, 1 p.m.- Orientation for New Students/Parents

**Mon.**, **Aug 25**, dismissal at 11:15 a.m. No bus transportation service for off-post students, parents are to pick-up their children and are invited to return at 12:30 p.m. for "Lemonade on the Lawn", the first day of school event for parents/students.

Thur., Aug. 28,

9 a.m. - Admin.'s new parent welcome coffee

4-5 pm. - Open House

#### **BSCC Membership sign-up**

The Bamberg Spouses' and Civilians' Club invites you to an open house on Tue. Aug. 26 from 11 a.m. to 2 p.m. at 53 Buchenstrasse. Stop in to register as a member, meet new people and enjoy some appetizers and punch. www.bsccgermany.com.

#### Student-2-Student welcome week

Child and Youth Services (CYS) will continue their Student 2 Student Welcome Week Wed. and Thur., Aug. 20-21 from 9 a.m. to 3 p.m. at the CYS (bldg. 7669) across from the high school. Student 2 Student (S2S) is designed to help new students transition to their new country, community and school. Please register your new student for this week at the CYS Central Registration Office, located next to the JFK Multiplex or call DSN:469-7716/ 7891 CIV:0951-300-7716/7891 for more information.

#### **School House Antique Sale**

The Bamberg Elementary School PTA and the Bamberg Aqua-Barons Swim Team will hold a fundraiser antique sale on Sat. Oct. 4 from 10 a.m. to 5 p.m. at the BES cafeteria. Concession will be available. This event is open to all garrison community members and their guests. For more information, contact Stephanie Leeds at <a href="mailto:stephanie.leeds@us.army.mil">stephanie.leeds@us.army.mil</a>.

### American Citizen Information Night at the U.S. Consulate General

American Citizen Information Night at the U.S. Consulate General in Frankfurt Tue., Sep.16, from 5 to 7 p.m. Americans residing abroad and their immediate family members are invited to attend this event to learn more about our services for American citizens. Please make sure to bring your passports or other identity cards. For more information about this event, directions, and information on the U.S. Mission to Germany in general, please visit us on the Internet at http://frankfurt.usconsulate.gov.

#### **Closures / Changes**

#### **Property Book Office relocation**

The Installation Property Book Office (IPBO) has moved from Bldg 7119 to Bldg 7107, (DOL HQ Bldg).

#### **DEERS / ID Cards**

Effective immediately, customers will experience some inconveniences due to the reintegration of our deployed Soldiers back into the Bamberg community. The DEERS / ID Cards office hours are:

•Mon.- Fri. 8 -11:30 a.m.

(Redeployed Soldiers & WTU ONLY)

•Mon.- Fri.1 - 4 p.m.

All other Soldiers/community members

#### Passport Office

Appointment only basis until further notice. Please call DSN:469-8928/7611 to schedule appointments.

#### **Weekly Reminders**

#### **Dental Clinic's limited services**

Family member dental services will be limited to exams and cleanings due to reintegration. For more information, contact the Dental Clinic at DSN:469-1720 or CIV:0951-300-1720.

#### **Health Clinic Limited Services**

Family members will be limited to same day and well-baby appointments to accommodate reintegration. For more information, contact the Health Clinic at DSN:469-1750 or CIV:0951-300-1750.

#### Bring two ID's to enter gate 2

The USAG Bamberg Force Protection Office reminds all ID card holders looking to enter through gate 2 (Zollnerstrasse) to present a second form of photo identification to gain entry. Guest sign-ins and those with only one form of identification will be directed to gate 3 (main gate). Gate 2 is open for all incoming and outgoing pedestrian traffic from 6 a.m. to 6 p.m., Mon. through Fri., gate 2 is being utilized during gate 1 (Weissenburgstrasse) construction which is expected to open by the end of Aug..

#### **Veterinary facility's hours**

Bamberg Veterinary Treatment Facility's hours of operation are: Mon., Wed., Fri. from 9 to 11:30 a.m. and 1 to 3:30 p.m. Thur. from 1 to 3:30 p.m. By appointment only. No walk-in appointments available. Closed for surgery on Tue. and training Thur. mornings. The clinic is closed on the last weekday of the month for inventory,

as well as all American and training holidays. Hours are subject to change due to military and training events. Over-the-counter products and prescriptions may be purchased during regular hours of operation. Due to the high demand for appointments, please notify the clinic of cancellations 24 hours in advance. In case of emergency, please contact any off-post veterinarian. A list of off-post veterinarians is available at the clinic. For more information or to schedule an appointment please call CIV:0951-300-7972 during operating hours.

#### Kids & Teens

#### Join Bamberg Cub Scouts

Bamberg Cub Scouts are looking for new recruits. You are invited to our Open House on Thur., Sep. 4 at 6 p.m. or email <a href="mailto:BambergCub-Scouts@googlemail.com">BambergCub-Scouts@googlemail.com</a> for information on joining.

### Join the Bamberg AquaBarons Swim Team

The Bamberg AquaBarons Swim Team are part of the EFSL (European Forces Swim League - http://swimefsl.org/) and are open to children ages 6-18 who desire to swim competitively, traveling throughout Europe. Swimmers are broken into two skill levels. It is not for those who need swim lessons. Practice for the 2008 season just began at the AquaRiese in Bad Staffelstein (http://www.aquariese.de/) on Tue. and Thur. from 4:30 to 7:30 p.m. There will also be dry land training on Fri. from 5-6 p.m. on post. The first swim meet will be at Baumholder (hosted by the Kaislautern Kingfish team) on Sat., Sep. 13. For registration information and questions, please e-mail: <a href="mailto:bambergaquabarons@yahoo.com">bambergaquabarons@yahoo.com</a>. Please contact the team at the above email prior to showing up for practice.

#### AAFES Back-to-School Essay Contest

School may be out for the summer, but the Army & Air Force Exchange Service (AAFES) has one more assignment for military dependents. The "Back-To-School Essay Contest" will give students in grades first through twelfth the opportunity to submit an essay of 200 words or less on "What AAFES means to me and my family." The essay contest, which runs from Jun. 27-Aug. 31, will consist of four categories (1st - 3rd, 4th - 6th, 7th - 9th and 10th -12th grades) with three winners from each category. First place winners in each category will receive a computer, second place winners will be awarded \$500 savings bonds and \$200 savings bonds will be issued to third place winners. Complete rules, including release forms and specific instructions on submitting essays, are available at www.aafes.com under the "Patriot Family Connection" link.

#### **Entertainment and Leisure**

#### **Geneology group**

A genealogy discussion group will discuss different ways to research family history records and build a family tree will be held Aug. 28 from 6-7 p.m.

#### **Texas Hold'em No Limit Tourney**

A Texas Hold'em No Limit poker tourney will be held at the Moonlight Cabin on Sat. Aug. 23 beginning at 1 p.m. Open to all ID cardholders age 18 and older. Each seat will cost \$30 and a chance to win the grand prize gift card, a value of \$1199. The fee is non-refundable. Registration is ongoing, but all fees will be paid the day of the event between 12:30-12:55 p.m. The minimum amount of players is set at 63. If not filled by noon on Aug. 22, the event will be cancelled. The maximum number players is 99. To reserve a seat call Moonlight Cabin at DSN:469-8423 or CIV:0951-8423.

#### **Beautiful Generation**

Beautiful Generation will perform in concert at the Moonlight Cabin on Aug. 21 at 8 p.m. They are the winner of Best Hard Rock Band, Best Female Vocalist, at the 2007 All Access Magazine Musical Awards Show.

#### **Family Day Bowling**

Birchview Bowling Center has Family Day bowling on Sundays from 12 to 9 p.m. Discount game fees and free shoes.

#### **Continuing Education**

#### University of Phoenix offers online and onsite courses

University of Phoenix is offering graduate degrees on site\* and online. Located at Warner Barracks Education Center. University of Phoenix, bldg. 7047, Room 309 from 7:30 a.m. - 4:30 p.m. or contact DSN 469-9280 or <a href="mailto:Joline.Powell@Phoenix.edu">Joline.Powell@Phoenix.edu</a>. Deadline to register for MBA is Aug. 18.

- Master of Business Administration\* (begins Aug. 27)
- Master of Arts in Education/Curriculum & Instruction\*
- Master of Arts in Education/Elementary Teacher Certification
- Master of Arts in Education/Secondary Teacher Certification
- Master of Arts in Education/Early Childhood Education
- Master of Arts in Education/Special Education
- Master of Arts in Education/Administration & Supervision
- Master of Arts in Education / Adult Education & Training

#### **UMUC - Europe Philosophy 140**

Philosophy 140 - Contemporary Moral Issues (3 s.h.) will meet Mon. and Wed. from 6:30 - 9:30 p.m. Aug 25 - October 15. PHIL140 is an exploration of how philosophical analysis can be a foundation for thinking clearly about moral issues. Problems approached analytically include such widely debated issues as abortion, euthanasia, the death penalty, homosexuality, pornography, reverse discrimination, business ethics, sexual equality, and economic equity. Charles Newkirk, the instructor, received a Bachelor of Science from the United States Naval Academy and a Master of Arts from the University of Maryland. He has taught with the European Division of the University of Maryland since 1972. Syllabus can be viewed at <a href="http://www.ed.umuc.edu/syllabi/2088/">http://www.ed.umuc.edu/syllabi/2088/</a> PHIL140E10186938.htm. For more information,

contact Alfred Vazquez at DSN:469-7466 or CIV:0951-300-7466 or email <a href="mailto:avazquez@ed.umuc.edu">avazquez@ed.umuc.edu</a>. Classes are held at Bamberg Education Center, bldg 7047

#### **Narrative Therapy workshop**

European Branch - American Counseling Association will hold a two day workshop on Narrative Therapy as an intervention with bipolar disorder on Sep. 20-21 at Landstuhl Learning Center, Landstuhl Regional Medical Center. A certificate for 15 Continuing Education Unit's will be provided upon completion of the Learning Institute. Evadne Ngazimbi will be the presenter for this Learning Institute. Register by August 21 to qualify for the "Early Bird" discount fee. For more information or to register, contact Susan Stammerjohan at WK:06371867629, CELL:0171-7535578 or email: <a href="mailto:sassysusanna61@yahoo.com">sassysusanna61@yahoo.com</a>.

#### **Health and Fitness**

The MEDITEAM Podiatrist will be at the Bamberg Health Clinic for insole and insert fittings for active duty Soldiers the first Wed. of every month. Please sign up at the front desk. For more information, contact the Bamberg Health Clinic at DSN:469-9215.

#### **Trips and Travel Opportunities**

Take a trip with Bamberg Outdoor Recreation (ODR)

#### Aug. 23 White Water Kayaking \$25

We're headed to the Wiesent in nearby Little Swiss on Aug. 23 for some beginner white water kayaking. Please pack your own lunch, snacks, drinks and dry clothes. Price includes transportation, instruction and all necessary equipment. Departs at 9 a.m., returns approx. 5 p.m.



The Zugspitze, the highest peak in Germany is located near Garmisch, Germany. Photo courtesy John Reese.

#### Aug. 29 – 31 Conquer the Zugspitze \$225

Conquer the Zugspitze, the highest peak in Germany, on a quick weekend trip. You will depart Fri. evening, Aug. 29, camp in Garmisch (tents will be provided), hike to an Alpine Huette on Sat. Aug. 30 and to the summit on Sun. Aug. 31. You are responsible for meals during the hike with the exception of dinner on Satur-

day. Please pack accordingly. For more details, please contact Outdoor Recreation staff.

You must register for these trips by the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, please come to Outdoor Recreation, bldg. 7047.

\*All trips depart and arrive at Community Activity Center (CAC) unless otherwise noted

#### **Family Friendly Trips and Tours**

All trips and tours depart from and return to the Community Activity Center (CAC).

#### Aug. 23

Europa Park (\$20 entry fees incl.) - Depart: 5 a.m., Return: 11:30 p.m.

#### Aug. 30

Grafenwoehr shopping trip - Depart: 9 a.m. Depart from Graf PX parking lot: 3 p.m.

#### **Child and Youth Services Trips**

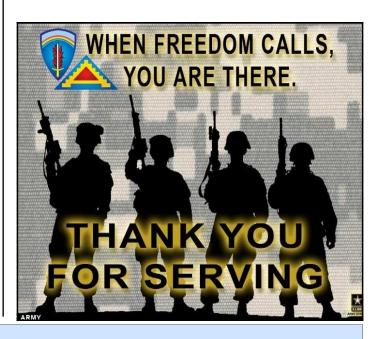
#### Aug. 22 Phantasialand Trip

Visit Phantasialand, one of the great theme parks found in Germany near the border to the Netherlands. Open to grades 6-12, 7 a.m. - 7 p.m. €30.

#### Aug. 23 Cheb, CZ Shopping

The Euro goes a long way at the Dragon Bazaar in Cheb, Czech Republic. Be ready to haggle for bargains! Open to grades 9-12, 8 a.m. – 10 p.m., €20.

For more information contact Rizza Asuncion CIV:(0951) 300-8345 JFK Multiplex, Bldg. 7673.



#### **Outside the Gate**

#### Weekend Events in and around Bamberg for Aug. 15-22

Frequently used locations can be found online at www.bamberg.army.mil/ sites/map.pdf

#### 58th Sandkirchweih - Aug. 21 -25

The largest street festival in Bamberg has long been lovingly called the "Sandkerwa." This traditional festival staged in the historic center of the city provides an interesting program of events all set against the picturesque backdrop of the area known as "Little Venice." The fest ends with a firework display on Aug. 25. Entertainment, food and beverages are available. One of the highlights is the traditional "Italian Night" on Aug. 23 where illuminated boats float down the River Regnitz. Parking for this festival is extremely limited, so be sure to take public transportation.

#### Thur., Aug. 21

10:30 a.m. Art and cultural historical tour of the Alstadtkern (old city center). Book ahead.

1 p.m. A Sandkerwa adventure with the Bamberger Kasperl (hand puppet)

2 p.m. Art and cultural historical tour of the Alstadtkern (old city center). Book ahead.

2:30 p.m. A Sandkerwa adventure with the Bamberger Kasperl (hand puppet)

7 p.m. Fest opens with Lord Mayor Andreas Starke in the fest tent followed by a small party at the Elisabethenplatz

7:30 p.m. "Band at Work" in concert at Schloss Geyerswoerth (Innenhof), Bamberg

8 p.m. "Charlotte and BamBaegga" in concert at Blaue Glocke, Bamberg

8 p.m. "Robert Carl Blank" in concert at Blues Bar, Bamberg

8 p.m. Die Party, Haas-Saele, Bamberg, Obere Sandstrasse 7

#### Friday, Aug. 22

7:30 p.m. Fab Five, Geyerswoerth Castle

8 p.m. Royal Dentists, Bamberg, Blues Bar, Obere Sandstrasse 18 8 p.m. Die Party, Haas-Saele, Bamberg, Obere Sandstrasse 7 Impulz in concert, Bamberg Live Club, Obere Sandstrasse 7 8 p.m.

11 p.m. Funky Safari, Morph Club, Siechenstrasse 7

#### Saturday, Aug.23

Volksmarch, Creussen, (5,10 and 20 km) start and finish 6 a.m. multi-purpose hall (behind the city hall on Bahnhofstrasse)

7 a.m. Volksmarch, Nuernberg-Erlenstegen, (5, 11 and 20 km) start and finish Stadenstrasse 145 parking lot (between B2 and B 14, East Nuernberg, Exit Behringersdorf A 3)

2:30 p.m. Jousting (pupils and juveniles), Bamberg, Regnitz River - Little Venice

Organ concert, Bamberg cathedral (Dom) 3 p.m.

7:30 p.m. Waldi Bauer & Uwe Gaasch, Geyerswoerth Castle

8 p.m. Kuemmel, Blues Bar, Obere Sandstrase, 18

Party, Haas-Saele, Obere Sandstrasse 7 8 p.m.

8 p.m. Hard'n Heavy, Live Club, Bamberg, Obere Sandstrasse 7

You deserve better(electrohouse, breakhouse) Morph Club 11 p.m.

Bamberg, Siechenstrasse 7

#### Sunday, Aug. 24

Volksmarch, Creussen, (5,10 and 20km), start and finish 6 a.m. multi-purpose hall (behind the city hall on Bahnhofstrasse)

Volksmarch, Nuernberg-Erlenstegen, (5, 11 and 20 km) start 7 p.m. and finish Stadenstrasse 145, parking lot (between B2 and B 14, East Nuernberg, Exit Behringersdorf A 3)

9:30 a.m. Catholic mass, church Elisabeth, Bamberg, Sandstrasse

11 a.m. Morning pint and "Brand Old"in concert, Geyerswoerth castle

2 p.m. Parade (markusplatz, kapuzinerstrasse, Am Kranen, Obere Bruecke, Karolinenstrasse, Herrenstrasse,

Obere Sandstrasse and Leinritt)

Jousting (adults) at the Regnitz River 3 p.m. Terry Lee Burns, Blues Bar, Bamberg, Obere Sandstrasse 18 8 p.m.

Los Chicolores, Haas Saele, Bamberg, Obere Sandstrasse 7 8 p.m.

11 p.m. Greenclub, funk.deutsch-rap, Morph Club, Siechenstrasse 7

#### Monday, Aug. 25

Piano-Live at Hofbräu Restaurant & Bar in Bamberg,

Karolinenstr. 7

7:30 p.m. Concert with Second Try Bluesband at Schloss

Geyerswörth court yard, Geyerswörthstr. 3, Bamberg

Balkan Beatz at Blaue Glocke, Untere Sandstr. 14, Bamberg 8 p.m. Party "Kerwa 08" at Haas-Säle, Obere Sandstr. 7, Bamberg 8 p.m.

"Montagsschwof-Party Kerwa 08" at Live-Club, 8 p.m.

Obere Sandstr. 7, Bamberg

10 p.m. Fireworks, Bamberg Michaelsberg

Elektro Delikatessen (house music) at Morph Club, 11 p.m.

Siechenstr. 7, Bamberg



Men in Bamberg joust aboard small fisher boats every year at the Sandkerva.



**AAFES** 

will be

open

on Mondays

beginning

Sep. 8

10 a.m. -7 p.m.



#### **AUTOMOBILES FOR SALE**

Ford Escape 2003, 4dr, White, 67,000 miles, us specs, utomatic. In great condition, inspection current. Available end of September. \$7,800 Contact kathryn.carter@amedd.army.mil.

2001 Ford Windstar LX van. 57,300 miles. Great condition. A/C Power windows, door locks and steering. ABS. Tinted windows. 7 passenger. AM/FM CD. Runs strong on Autobahn. Never let us down. Asking \$6,000. 0951-2974241 or 0163-8091683.

'89 Black BMW 500 series, power windows and locks, sunroof, brand new front and back brakes. Some work required, this is not a car for someone who can't change their brakes or oil. Paid \$1700 one year ago, asking \$700. For more details email aaronbr@hotmail.com.

Honda Accord EX, '04, 42,000 miles, dual electric / heated seats, in dash 6 CD changer, moon roof, 1 owner, \$15,000. Please contact 0951-297-1203.

Hyundai Accent 2dr 1998. \$1750. 57,000 miles, US Specs, manual transmission. Good second car. Service Documents on hand. Looks great and runs great. Inspection good through March 2009. 0151-175-44266.

2004 Chevy Venture Van, White, AC, Automatic, US Specs, Excellent Condition, 30,000 miles, \$10,000 OBO. Call 0170-7219159 or 09546594733.

White and silver 2007 Honda Shadow Aero. Bike has been well taken care of; I will be happy to show you it. Has never been dropped or damaged. All scheduled maintenance has been kept up as well. VIN can be provided to maintain integrity. As of now the bike only has 1442 miles on it! Odometer reading is as of 07 June 2008. Expected accumulated average mileage for a motorcycle of this model year and engine displacement is 10.600 miles. This is truly a steal! Kelley Blue Book Trade-In value for this bike is \$3,840 and the KBB Retail is \$5755. Average of the two is \$4,700; asking price is \$4,800. If you are interested please send me an email at jonathan.galchik@us.army.mil or call at (0951) 301-5698.

#### **EMPLOYMENT**

American Publishing Co. EST. 1917 is looking for a representative for our

display in your local PX. Applicants must be of good appearance, friendly and have a good personality, also have a current ID card and own transport. This can be either a part-time or fulltime position. No experience needed as full training is given. Excellent hourly wages. Please contact John at 0172-669-4419 or email: world-bookJM@aol.com.

HP/Compaq demonstrator/merchandiser for home office equipment (peripherals, software, etc.) Flexible hours, part-time, some weekend hours. Basic PC knowledge is required. Please send a resume or a short description of prior work experience to: eric.glavic@getmarketing.com.

Contract positions are available with the Bamberg Community Chapel in Catholic and Protestant watch care providers, need CPR, first aid, background check; need Catholic priests. For more information, call 469-1570 or 0951-300-1570.

Bamberg AAFES locations are accepting applications for entry level retail and food service positions. Join the team, log on to www.aafes.com today and be part of our new workforce of tomorrow!

Community Bank, operated by Bank of America, is hiring bank tellers. Bank of America is an employment opportunity employer. For more information, contact direct recruitment at the banking center at CIV: 095137061.

#### **FOR SALE**

Coach Purses x3,each used twice,large brown includes wallet, med black includes wallet. Small brown. Email for pictures and low prices PX does not h a v e t h e s e . k a t h - ryn.carter@amedd.army.mil

\*PCS SALE\* 220V Air Conditioner, freestanding with mobile wheels.Works Great! \$275, 220V ELTA heater/fan \$20, set of 2 IKEA paper lamps(very modern/nice for an asian appeal)\$25, IKEA picture light (neat for a big picture) \$25,220V Iron\$8,220V Fan \$10,small stand w/ drawers & cabinet\$25,Armoirebresser-Nightstand-MAKE US AN OFFER! We also have transformers however will be using them until HHG are picked up so call/email us if you are interested! \*PCS SALE\* Call 0951-297-2203 or email non\_nhoj@yahoo.com

For sale baby swing-\$10.00, Baby Einstein Discover & Play-\$30, Pack & Play-\$25, Double Stroller-\$40, Bassinet-\$30, Monitor video (new) \$50.00. Lots of boy clothes. Pictures available. Call 0951-297-2036 or email reyesivonne07@yahoo.com.

Maya wrap. Purple shades. Has not been used. Comes with instructional DVD. Paid \$50. Asking \$30. Please email casmarid@yaoo.com.

German bed, 160cm x 200cm, in great condition with 2 fairly new latex mattresses and large storage areas inside bed frame. Asking price is \$600.00. Must sell! Pick up only! Bamberg area. Can email pics. 0175-7914858.

900MHZ Hp pavilion desktop computer with monitor, keyboard, mouse and speakers. Good condition. Asking \$350.00. Brand New Dual 12 inch Band pass subwoofer box. \$150.00 MUST SELL! Bamberg Area. 0175-7914858.

German room shrank, four door (90" tall x 26" wide x 132" long). Two doors with full length mirrors. Paid \$500 a year ago, selling for \$200 obo. MUST SELL! Can email photos. Call 0951-297-6645. No delivery. Bamberg.

#### **SERVICES AVAILABLE**

Would you like someone to clean your house/apartment? For more information please contact Uschi Pike at 0951-301-2342 or 0160-420-2220.

Do you need help finding a puppy in your area? I will help you find that perfect pet. germanspouse@web.de or 09472/907619.

Lawn Care- My 14 yr old son would like to earn some money doing basic lawn care while you are on vacation or deployed. Your equipment or ours. Adult supervision, cheap rates. Bamberg area on Iy! E mail: icowgir-lup2655@hotmail.com or call: 0151-58216014.

#### SERVICES WANTED

Need babysitter for 2 kids - 9 months and 3 yrs- Saturday night, once a month. Call 0151-55921193.

Full-time nanny wanted for our 2 sons, ages 2 and newborn. Some English, CPR and first aid certifications are a must. Our home or yours. References required. Call Jeneen at 0951-297-2275 or 0162-270-3341, if interested.

In need of house cleaning services in Bamberg area 2-3 times per month, please contact James at 0151-58214457 to discuss fees.

#### **WANTED**

Need apartment/housing for rent in and around Bamberg area ASAP, and I still require a car that can pass inspection, Automatic, and available for purchase. 3 -4k OBN Or Best Negotiation. Cell number 01728395048. I am at the Bamberg Inn as well.

Wanted baby items. I am having a girl in late July. I need girl or neutral colored items. Everything except a stroller. Preferred VERY CLEAN SMOKE AND PET FREE items. I will

pay dollars for reasonable priced items. In need of everything: crib, swing, highchair, walker, play pen, infant car seat, etc. Please call Shannah @ 0160-506-8405 or email sy@cprompt.us with photos of items.

#### **MISCELLANEOUS**

Have a passion for dancing Salsa, Merengue, Bachata and live within the Bamberg, Schweinfurt, Vilseck areas? Looking to form a DANCE group to keep each other informed of Latin Nights or Salsa events in the Bavaria region and perhaps even carpool to some events. Not for gossip or singles meet - just pure dancing. Spanish speaking not required! For more information go to http://groups.yahoo.com/group/dancelatinmusicbavaria.

Centro Cristiano Bamberg, Casa de Dios y Puerta del Cielo,Pastors JC & Mariet Perez \* located at 35 Jäck Strasse, 96052 Bamberg, Tuesdays Circle of Prayer, 7 p.m.; Fridays Service, 7 p.m.; Sunday School, 2 p.m.; and Sunday Service at 3 p.m. Church Number 0160-438-5011 or visit us at www.Centro-Cristiano-Bamberg.com. Dios les Bendiga.

The Bamberg Protestant service meets from 11 a.m. to noon every Sunday at the chapel. AWANA meets at the Bamberg High School gym every Sunday evening from 4:30 to 6 p.m. Wednesday night Bible studies are at the chapel from 5:20 to 7 p.m. Come join us as we worship, celebrate and get to know our Lord. Call Lilo Wittmann at 469-1570.

#### **AD SUBMISSIONS**

The Warner Weekly is now offering the USAG Bamberg community another outlet for their classified advertising needs. We present this week's ads courtesy of the Bavarian News, but our goal is to provide you, the Bamberg community, a direct outlet for your classified needs. If you have something you want to advertise in the classified section please e-mail your submissions to bambergpao@eur.army.mil.

When submitting a classified ad for publication, be sure to include your name, address and telephone number. We will not advertise commercial services, home-based businesses, or other private off-post entities.

We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, please email us at bambergpao@eur.army.mil.

Send your Bamberg area classifieds to the Warner Weekly at bambergpao@eur.army.mil!

#### **Bicycles**

(Continued from page 2)

tects your brain and your brain runs everything in your body. In the event that you hit the ground without a helmet on, you may not suffer any damage. On the other hand you could suffer immense damage and either end up paralyzed, dead or hurt for an extended period of time.

The law was established to protect you. Follow it and not only will you prevent yourself any undue embarrassment of being stopped by the military police, you will also protect your most valuable asset; your brain.

Below is the Army regulation on riding a bicycle on post. Riding with a helmet is also required for skate boards, roller blades, scooters.

BICYCLES 5-26. RIDING

- a. Bicyclists will-
- (1) Ride only on a seat attached to the bike.
- (2) Carry only the number of people the bicycle is designed and equipped to carry. Passengers must sit in an authorized, attached seat.
- (3) Not ride side by side.
- (4) Not carry bundles, packages, or other articles that prevent the bicyclist from keeping at least one hand on the handlebars.
- (5) Not ride a bicycle while using a cell phone. Bicycle operators will not use cell phones or wear listening devices that impede hearing and the detection of impend-



Be safe. Wear a helmet always.

ing danger. Individuals apprehended by German police using a cell phone while riding a bicycle will be fined.

b. People riding bicycles, scooters, roller skates, sleds, skateboards, or toy vehicles

will not attach themselves to other moving vehicles.

5-27. RIDING AREAS

Bicyclists will-

- a. Use paths, sidewalks, or parts of the road marked for bicycle use when available.
- b. Ride as far to the right of the road as possible.
- c. Be careful when passing a stopped vehicle or a vehicle going in the same direction.

#### 5-28. SAFETY EQUIPMENT

- a. Bicycles ridden during hours of darkness must have a headlight that emits a white light and a taillight that emits a red light. Bicyclists will wear light-colored clothing or reflective accessories.
- b. Bicycles must have brakes that, when applied, cause the wheels to skid on dry, level pavement.
- c. Bicycle wheels must have two reflectors mounted 180 degrees apart on the spokes. Bicycle pedals must have reflectors designed and placed to be visible from the front and rear of the bicycle during darkness.
- d. Bicycle operators and passengers on DOD and U.S. Forces installations must wear an approved helmet properly fastened under the chin. Helmets must meet the standards set by the American National Standards Institute, the Snell Memorial Foundation Standards, or the Economic Commission of Europe for bicycle helmets.

Bamberg Movie Schedule  AAFES Reeltime Theater is CLOSED Tue. and Wed.			
Fri.	Aug 22	The Mummy: Tomb Of The Dragon Emperor (PG-13)	7 p.m.
Sat.	Aug 23	Kung Fu Panda (PG)	4 p.m.
		The Mummy: Tomb Of The Dragon Emperor (PG-13)	7 p.m.
Sun.	Aug 24	Kung Fu Panda (PG)	4 p.m.
		The Happening (R)	7 p.m.
Mon.	Aug 25	Get Smart (PG-13)	7 p.m.
Thur.	Aug 28	The Love Guru (PG-13)	7 p.m.
Fri.	Aug 29	The Incredible Hulk (PG-13)	7 p.m.
Sat.	Aug 30	Star Wars: The Clone Wars (PG)(1st run)	4 p.m.
		The Incredible Hulk (PG-13)	7 p.m.
Sun.	Aug 31	Star Wars: The Clone Wars (PG)(1st run)	4 p.m.
		The Happening (R)	7 p.m.

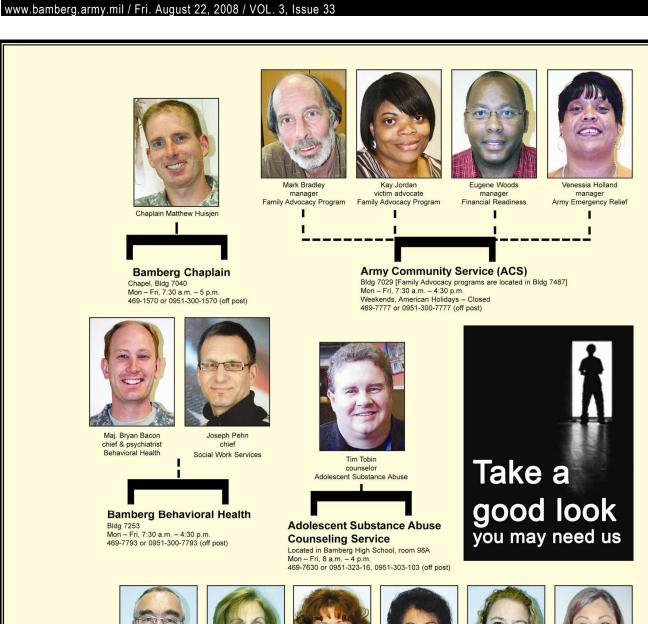
### Beginning Sept. 2!



# Now providing breakfast for you on a trial run!

Mon. through Fri. from 8 to 10:30a.m.

Menu includes; various combinations and platters, eggs to order including omelets, breakfast sandwiches, hash browns, pancakes





Richard Sidley clinical director



Abigail Mujica officer Alcohol & Drug Control



Darlene Copeland coordinator Alcohol & Drug Prevention/ Employee Assistance Program



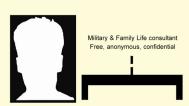
Diana Pattillo counselor



Candace Merritt counselor ASAP



Cristina Civico program assistant ASAP



Military & Family Life consultants

Bldg 7029 On call 24 hours-a-day, 7 days-a-week Cell phone 01756008373 or 01752533020 469-7777

#### Army Substance Abuse Program (ASAP)

Bldg 7251 Mon – Fri, 7:30 a.m. – noon and 1 – 4:30 p.m. 469-1710 or 0951-300-1710 (off post)

## **BAMBERG**

Army Community Service 0951-300-7777
Chaplain 0951-300-7492
Military OneSource 00-800-3429-6477
Military Police 0951-300-114
Sexual Assault 0162-510-2917



Kris Grogan, Army and Air Force Hometown News Service broadcast chief (left), checks video and audio levels while taping Sgt. 1st Class Allah Gary and family during a 2007 holiday greetings program taping at the Vogelweh Commissary in Kaiserslautern, Germany. Don't miss your chance to send a holiday greeting to your family. A greetings team will visit Bamberg on Sept. 18, 2008.(Photo by Christine June)

#### Hometown

(Continued from page 1)

"We had a confirmed audience of (almost 40 million) for television and (more than 55 million) for radio," said Grogan, who was last year's and will be this year's European team chief. "Our greets aired in almost 100 million homes last year alone."

Allowing families back home to see or hear loved ones living overseas is the program's mission, said Grogan.

"I don't know how many phone calls I get from crying parents saying 'thank you because I haven't been able to see my son or daughter in the past year or two years," he said. "It means a lot to them."

Such was the case with the Gary family, who have been in Germany since 2004 and did greetings last year for relatives in New York, Florida and Jamaica.

"Our family doesn't get to see us much," said Sgt. First Class Allah Gary, of the 21st Theater Sustainment Command, explaining why he and his wife, Sherla, and their 4-year-old daughter, Jayllah, participated last year. "When I was home on leave, I saw commercials with servicemembers saying 'hello' to their families, and I thought, 'wow, it would be nice if I could do that too' – now, it's my chance."

Chances of such greetings airing are excellent, Grogan said, explaining, "We are

the only ones who (tape holiday greetings from military members) in the United States. We shoot anywhere from 10,000 to 15,000 greets a year and 95 percent of those get on the air. Out of 10,000, you are getting 9,500 of those on the air. With an air rate of more than 100 million a year, your chances of getting on the air are almost 99 percent."

Grogan offers the following tips on how to make the most of the holiday greetings taping:

#### What to wear?

Active-duty members must be in uniform. If the holiday tapings are at an event like a bazaar, servicemembers can just bring a top to put on right before they get in front of the camera – the shot is just from the top pockets up." However, Grogan noted, "We prefer for them to be in uniforms ... because they are representing the United States on TV back home."

Civilians should be in appropriate attire. "If you're in Germany sending a holiday greeting back home, I wouldn't be in shorts and tank tops because you want it to look like it's almost fall here," said Grogan. "But if you want to wear something that screams your location or if you are from Green Bay and want to wear your cheese hat – go for it."

#### What to bring?

"All they really need is (their families') city, state and phone number - (with) area code being the most important," said Grogan. He added that the hometown news service can get it on the air with just locale data, but if participants have the phone number, it gives television and radio stations an opportunity to contact family members to let them know when the greetings are going to air. "About 95 percent of the time, the station will contact family members even in large markets like Detroit or New York," said Grogan, who did four holiday greetings for his family in Detroit when he served in the Army and deployed downrange. "They were called (from the TV station) and saw me every time."

#### What to say?

Participants need to say five things within the greeting: Who they are; where they are; who the greeting is going to; where they are; and some sort of holiday message. There is not a maximum or minimum time length on greetings. But the best ones are about 15 seconds long, said Grogan.

Family members must be accompanied by sponsors, unless they are deployed. Spouses and children can make a greeting if the servicemember is deployed, TDY or hospitalized, but they have to mention the deployment. Family members can also make a

greeting to deployed military relatives, provided they are going to be downrange during the holidays.

#### How many?

There is not a limit on how many greetings one family can send to the States as long as family members live more than 75 to 100 miles apart and receive different television stations. However, greetings must be sent to people who are related by law or blood. Fiancés are not relatives.

#### Pets?

"You can bring your pet for the tapings as long as I'm not going to get bit," joked Grogan, who added that he's taped many families with pets.

#### The process

When customers arrive for taping, they will need to complete a form for every greeting. A member of the hometown news crew verifies the information before giving a quick briefing.

"Super easy" is how Kaiserslautern High School teachers Steve and Marcy Bond described their taping last year. And at the time, they had four children under the age of 5. "So easy – we will do it every year now," said Marcy.

Indeed, so easy that when it's time to tape, a crewmember will simply escort participants to the camera, give another short briefing and then place microphones on them. The camera operator lines them up and records the greeting in "5, 4, 3, 2 ...."

